

Focus on

August 2011



Sunninghill COMMUNITY

suncommunity@iafrica.com
www.sunninghillnews.co.za
011 234-3888

SUNNINGHILL COMMUNITY DAY

Could spring be in the air???



Spring is almost upon us and Sunninghill Community plan to celebrate the end of this cold winter in style, so take out your diaries and book the 11th of September for a day of fun in the sun in the Sunninghill Gardens Park. We are in the process of planning this event, which will include amongst others:

- Fun walk/run
- Water holes
- Raffle
- Mini golf
- Volleyball
- Food stalls
- Smilemakers kids entertainment
- Ice-cream, candyfloss and popcorn
- Quad bike rides for young children
- Shopping centre market
- Tent with benches and tables
- Live band
- Raffle
- Clowns, balloon sculpture and stilt walkers
- Liquid refreshments
- Jukebox

Anyone who would like to become involved in this day, help sponsor some of the events or donate a prize for our raffle, please contact our office on suncommunity@iafrica.com. The full list of events and sponsors will be sent out via email and in our next newsletter.

AN OPEN LETTER TO THE SUNNINGHILL MEDICAL CENTRE FROM SUNNINGHILL COMMUNITY:

Dear Dr Coetzee, A huge thank you for seeing to Jeffrey Nxele, one of the Sunninghill Community traffic wardens today and for doing so at so charge!! We are truly blessed to have Doctors and their staff in our area who give back to the Community. Kind regards Kerry Mawson Sunninghill Community.



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Karen Swanepoel
Clinical Psychologist
Pr 0252344 Ps 0094021
Sunninghill Medical Centre

For appointments and queries please call/sms
083 445 0808
or email
shrink247@hotmail.com

Areas of Interest

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Coping with loss
Divorce
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Eating Disorders - anorexia, bulimia and over-eating
DM (Diabetes) adjusting to stressful life situations
Adjusting to change requested patterns of behaviour or
relatives for that matter who are not always successful in their
Supervision of the estate
Self-recovery
Relationship difficulties
Family counselling
Individual therapy
Couples therapy
Depression and anxiety
Survivors of childhood sexual abuse
Substance Abuse and Addiction
Bipolar Disorder
Art Therapy
Personality disorders
Self-esteem
Improving general Well-being
Positive psychology
Building self-esteem

HOPE YOU HAD A WONDERFUL BIRTHDAY MADIBA!!

The community of Sunninghill joined the rest of our Country and the world in wishing our Madiba a happy birthday on the 18th of July.

Sunninghill Community Ratepayers Association last year announced the start of a new initiative which involved the planting of a Madiba Forest - **Mr. Mandela has spent 67 years making the world a better place** and the planting of a Madiba forest was our way of commemorating him and responding to the call for 67 minutes of community service. The first of these Madiba forests was planted in December of last year on corner K60 & Nanyuki - opposite St Stephens Church. There was the most amazing response to this invitation with many resident coming forward and adopting trees. We are now delighted to inform all in Sunninghill that we have begun with our plans to once again plant a Madiba forest at the beginning of the summer months. The new Madiba forest is planned for the cnr of Malindi and Nanyuki roads in Sunninghill.

All funds raised from this project will go directly back into the beautification of our area. To find out how you can adopt a tree in our new Madiba forest, contact Kerry Mawson at suncommunity@iafrica.com

Colliers International – Sunninghill spent their 67 minutes at the Sunrise Village for homeless children. They took them snacks, eats, stationery for school, toys and various other items and spent the afternoon with the children. Well done to you Colliers!!



MADIBA'S FOREST

67 TREES PLANTED IN A CIRCLE TO REPRESENT THE 67 YEARS OF COMMUNITY SERVICE THAT MADIBA GAVE TO THE PEOPLE OF SOUTH AFRICA. IT IS THE VERY FIRST MADIBA FOREST PLANTED IN THE HEART OF SUNNINGHILL. EACH TREE WAS ADOPTED AND PLANTED ON THE 6TH OF DECEMBER 2010 BY A MEMBER OF THE COMMUNITY.



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Do you have the following cell numbers saved for SAPS vehicles responsible for our area?

Vehicle 1 - 071 675 6093 or Vehicle 2 - 071 675 6094

Do you have the number for the Savika Armed Response dedicated vehicles in our area?

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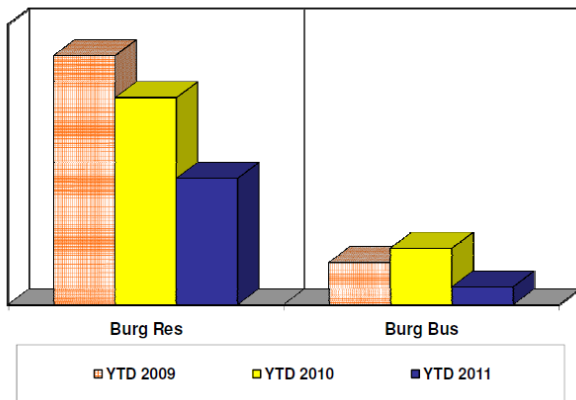
SO SAD WHEN YOUR OWN COMMUNITY DESTROYS WHAT WAS PUT IN PLACE FOR THEM!!



Over weekend of the 23rd /24th of July individuals entered the Kilindi Park and with malicious intent destroyed some of the new tables and benches that had been installed in this park for the residents. If anyone saw anything or have any information for us that will assist us in finding the perpetrators of this senseless deed, please contact Linda on security@suncomm.co.za or 083 440 2381

SUNNINGHILL BUSINESS AND RESIDENTIAL HOUSE BREAKINGS CRIME

STATS
JUNE YTD
2009/10/11



Security in Sunninghill Community

Sunninghill Community Security is pleased to be able to inform residents and businesses in Sunninghill that our crime stats with regards to house breakings and business breaking is down significantly as at the end of June compared to the same period over the past two years.

We do however remind residents that most house breakings occur over the weekend and most between 11h00 and 15h00. Unfortunately we are still experiencing problems with residents going out and not arming their security alarms. There also seems to be a trend in the entire Sandton where criminals first buzz the intercom of the property they intend breaking into before committing the deed. If you notice anyone on foot or in a vehicle pressing the intercom of anyone's home, please phone the Savika control room on 0861 728452 and ask them to dispatch one of the dedicated vehicles to investigate. Rather a false alarm than a crime.

YOU CAN MAKE A DIFFERENCE

BY SAVING A LIFE

Effective bystander CPR, provided immediately after sudden cardiac arrest, can double or triple a victim's chance of survival. Ref AHA

A small child can easily drown in only a few hundred millimetres of water. "We have even attended to a child who had fallen into a large plastic bucket that was being used to clean nappies. Parents and child minders should be aware of all the water hazards in and around the home, including fishponds, water features, toilets, pets' water bowls, bore holes and open drains."

One of the scariest statistics is that, for every child that dies from drowning, five are left with permanent brain damage as a result of the prolonged lack of oxygen which occurs during a near drowning. It takes four minutes without oxygen for irreversible brain damage to occur.

NETCARE SUNNINGHILL HOSPITAL

TRAINING DEPARTMENT OFFERS CPR TRAINING BY QUALIFIED EXPERIENCED AND TRAINED REGISTERED PROFESSIONAL NURSES. FOR FURTHER INFORMATION CONTACT SR Filomena Dos Santos 082 883 1807



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Sunninghill Village Shopping centre hosted a fun day for the community on Sunday the 10th of July. There was plenty to do from side walk sales to fun runs to loads of inflatable's for the kids. Well done to all, this by all appearances was a great success.

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 072 382 8914
 011 463 2033

CHAS EVERITT
International Property Services

Dear Kerry and stunning folk at Sunninghill Community.

It's almost a year now since Baobab Garden Centre opened its doors for business in Sunninghill. Everyday has been such a pleasure to be doing business in your wonderful suburb.

We want to thank Sunninghill community for their assistance from potholes, rubbish removal, cutting of the grass next to the road sides, clearing of the river embankments, bush clearings and beautifying of the suburb. Also with your generous assistance in all the complaints not even mentioned.

It's so awesome to see that there are still people out there eager to make a change in the world and doing that with such a friendly and positive attitude.

A big well done and thank to Kerry, Linda, Jerry and all those who are involved at Sunninghill Community! You guys are doing an excellent job!!!

Peace and Blessings, The Viljoen Family - Baobab Garden Centre.

Vacant land in Sunninghill.

Sunninghill Community and Sunninghill Community Security are on a daily basis faced with problems related to vacant land in our area. Dumping, vagrants, rats etc are but a few of the problems we are faced with. It is sad that the owners of these properties do not take responsibility for their upkeep.

On that note we would like to **congratulate Abland** who three weeks ago employed casual labourers and started clearing their vacant property opposite Chilli Lane Shopping centre i.e. cutting the grass, picking up the litter, building materials etc. This area was a huge dumping site where trucks dumped their loads illegally - it has now been closed off and is secure. Abland are developing compost heaps on this site for the Sunninghill Community to put back into our gardens, wood that is cleared from the Sandspruit River is chipped by Council and taken to the above erf.

Well done Abland we applaud you!!

ROAD RAGE

Recently a resident of Sunninghill was the victim of a particularly impatient and aggressive driver who not only tried to push her off the road but verbally abused her with racist, sexist and crude remarks. The culprit was a middle aged male who drove black station wagon Subaru. Sunninghill Community would like to appeal to all those who live and work in Sunninghill to practice tolerance on our roads and to obey the rules of the road. Should any such incident happen in the vicinity of any of our CCTV cameras in the area, we will provide the victim with the footage including registration numbers so that they may open a case with the Police. Such behaviour is unnecessary and uncivilised and will not get the perpetrator to his/her destination any sooner.

4th September 2011

Kite Day

Embrace the spirit and come fly, fabulous food and fun

Free Entrance

10am to 4pm
St Peter's College
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